

One Bulk Fill Restorative

## Why waste time with incremental layering?

Instead, you can place 3M™ Filtek™ One Bulk Fill Restorative in one layer up to 5 mm deep. You're about to learn why.

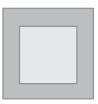




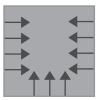
Filtek<sup>™</sup> One Bulk Fill Restorative puts equal or less stress on the tooth than common incrementally placed universal composites.<sup>3</sup>

## Understand shrinkage, stress... and bulk fill restoratives

**Shrinkage** is easy to measure and easy to understand. Polymerization shrinkage is the change in volume of your composite that occurs as you cure it. The composite shrinks as all the freely moving resin molecules go through the free-radical methacrylate polymerization reaction.



**Stress** is a little harder to visualize and a little harder to measure. It's the amount of force exerted on the tooth because of polymerization shrinkage. Stress is what can break the adhesive bond, crack enamel and allow leakage at the margins.



### The amount of stress is based on a number of factors

It's not just the amount of shrinkage. Both the shrinkage of the material and the stiffness of the material come into play.<sup>1</sup>

A sealant, for example, can have very high shrinkage (over 5%!) and place very low stress on the tooth.<sup>2</sup>

A universal restorative might have 2% shrinkage, but because it is much stiffer, it will place much higher stress on the tooth.<sup>2</sup>

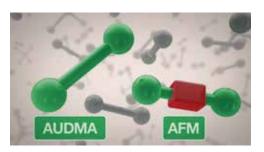
# So what enables a dental composite to be placed in bulk?

There are recent advances in chemistry that allow us to control polymerization stress.

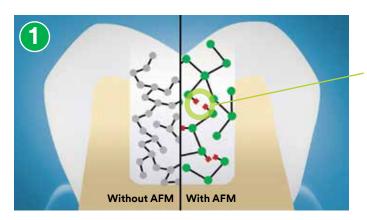
3M<sup>™</sup> Filtek<sup>™</sup> One Bulk Fill Restorative uses two resin components to help reduce polymerization stress.

To learn how it works, read on...

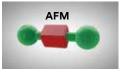
<sup>1</sup>Li 2007: A mathematical analysis of shrinkage stress development in dental composite restorations during resin polymerization. <sup>2</sup>Kleverlaan 2005: Polymerization shrinkage and contraction stress of dental resin composites. <sup>3</sup>Source: 3M internal data.

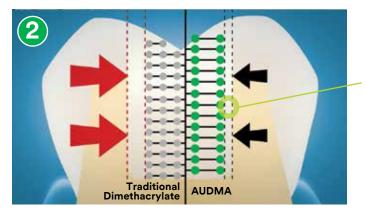


## Here's how it works.



The innovative component of the first resin is an additionfragmentation monomer (AFM). The unique feature of this resin is that, during polymerization, the central group **can fragment to relieve stress**. The fragments can then re-polymerize in a lower stress state.





The other new resin component is aromatic urethane dimethacrylate (AUDMA). Because it's a larger monomer than found in traditional dimethacrylates, it limits the number of shrinkage zones. That helps **reduce the amount of shrinkage and stress** that occurs during polymerization.



#### **Ordering Information**



#### 3M™ Filtek™ One Bulk Fill Restorative

Refill	Item #	Item #
Shade	Syringe	Capsule
A1	4866A1	4867A1
A2	4866A2	4867A2
A3	4866A3	4867A3
B1	4866B1	4867B1
C2	4866C2	4867C2

CAPSULE SHADE REFILLS include 20 - 0.2 g capsules, technique guide, Instructions for Use.

### www.3MESPE.ca



Available through:

**3M Canada** 300 Tartan Drive London, Ontario N5V 4M9 Canada 1-888-363-3685 **3M ESPE Dental Products** 2510 Conway Avenue St. Paul, MN 55144-1000 USA 1-800-634-2249 3M.com/dental

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